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**“The Eldredges’ newest book has bestseller written all over it...[they] offer sound advice on topics such as the delights of companionship...finding your marriage’s mission, taboo topics, and, yes, sex. They are honest and forthright, never skirting a difficult issue; instead, they offer hope, insight, and their own lives as examples....Their summation of marriage: ‘It can be done. And it is worth it.’ So is this book. “**

*—Publishers Weekly Starred Review*

## ***LOVE & WAR:***

### **New Book by Bestselling Authors John & Stasi Eldredge Offers Couples a Fighting Chance to Save Their Marriages**

John Eldredge, whose books have sold more than 8 million copies, and whose men’s spirituality classic *Wild at Heart* launched a grassroots men’s movement, is known for pushing readers out of their comfort zones. He joins his wife, Stasi, his coauthor on the bestseller *Captivating*, to challenge married couples who may feel discouraged by how difficult marriage really is. Their new book, *Love & War: Finding the Marriage You Dreamed Of* (Doubleday, 12/15/09), is a revealing and hope-filled exploration of a “fabulously hard” endeavor.

The good news is: *It can be done. And it is worth it.* Of all the things a man or woman need to hear about marriage, this is the most important.

As Christian leaders, the Eldredges recognize the added pressure on their fellow believers to have a model marriage. And at a time when divorce rates among Christians are as high as, or higher than, national norms, according to various polls, it may seem an impossible task. As a recent *Newsweek* story put it, “No one denies that...Christians have a marriage problem, a dizzying gap between their articulated ideals and their success in achieving them.”

The Eldredges, who have been married for more than twenty-six years, nearly gave up on their marriage a few times. They share the story of how they fought back from the brink of divorce to a richer, deeper relationship.

The Eldredges take readers through the thickets of married life with candid discussions of topics such as:

- Sex: The sexual component of marriage is a fraught one for many couples, but the Eldredges’ message is simple: married couples need to do it, often, in a way they both enjoy, and if that’s not the case they need to deal with why it isn’t.
- Taboo Topics: every couple has them unaddressed issues that are left to fester, leading to hiding and resentment.
- Companionship: this is the bedrock of a marriage. True friendship with your mate, taking real delight in their company, is essential to the health of a marriage.

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•Mission: Contrary to popular belief, the goal of marriage is not a happy little home. Husbands and wives need to share a sense of “we are in this together,” beyond the raising of children. Marriage needs this experience as much as sexual intimacy.

Once the Eldredges found a fresh vision for their life together, it lifted them out of the quagmire of an aimless, naive marriage, they write.

The Eldredges did not relish the thought of sharing the intimate details of their own marriage for this book, but they have a story to tell that will help a lot of people. “John and I have been married over twenty five years now and I can honestly tell you that it just gets better and better,” Stasi says. “It has cost me. It has cost John. It continues to. But so does every great, priceless, beautiful treasure that is worth having.”

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**JOHN ELDREDGE** is the founder and director of Ransomed Heart Ministries in Colorado Springs, Colorado. He is the author of numerous books including *Wild at Heart*, *Epic*, *Waking the Dead*, *The Way of the Wild Heart* and *Walking with God*, and coauthor of *Captivating* and *The Sacred Romance*.

**STASI ELDREDGE** leads the women’s ministry of Ransomed Heart. Thousands of women have participated in the *Captivating* retreats she leads. Stasi coauthored the bestseller *Captivating* with John. She has a B.A. in Sociology and was formerly on staff with Youth for Christ. She has been married for more than 26 years. They are the parents of three sons and live in Colorado.

***Love & War: Finding the Marriage You Dreamed Of***  
by John & Stasi Eldredge  
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